

## **Introduction expressing myself in Arabic**

Many people may have trouble expressing themselves, even if they know and know themselves well, but they find it difficult to speak about themselves automatically, and many also do not know the point at which they can .begin to express themselves

It is natural for a person to be exposed in his daily life to situations that require him to express himself, for example when conducting a job interview, or when meeting a new friend, so it is of great importance to train in the way of self-expression so that this does not cause .us to embarrassment

## **Introduction An expression of myself in the future**

Self-expression is one of the most important topics in which many people are ashamed to write information about themselves, and it can be said that self-expression is easy and simple if we use an easy and clear way of self-expression and focus on specific .topics

For example, a person can start by defining his own qualities without exaggeration or bragging, in order to present himself in a simple way, and he can also express himself by listing the person's favorite hobbies or talking about the achievements and certificates he has obtained with all humility and without exaggeration .as well, so that he is close to reader or listener

A person can also start expressing his future plans or dreams that he wants to achieve, so who among us does not have dreams that he wants to reach one day and puts a lot of effort into achieving them, and in any case, self-expression is considered one of the things that help In demystifying the person and making it easier .to get to know him better for others

### **How to write an expression about yourself**

Within the scope of our conversation about self-expression ready, many think that self-writing is difficult and needs a lot to say, but it can be said that self-expression is not difficult when a person puts specific points that can be used in self-expression, and among the most prominent of these points What can be expressed is a hobby, interests, talents, or achievements, or you can talk about the challenges facing this person and other things that can be .addressed in self-expression

For example, it is possible to choose a specific topic in a person's life, and this topic is one of the most topics that he can talk about, and then the person begins to talk about this topic in detail and through this topic he can .present himself in a distinctive and good way

When introducing oneself, it is preferable to narrate one of the topics and focus on it while addressing the details of this topic than to list several topics and multiple

elements without giving others an overview of each topic  
.or element of these elements

It is also important when expressing oneself that the person writes the topic he will talk about as honestly as possible and avoids any fancy or flowery terms and words. It is better to be spontaneous in his narration, in addition to not exaggerating in showing himself in the role of the victim or the great hero of the story It is better to be a real and realistic person and stay away from  
.exaggerations as much as possible

### **Steps to write a topic expressing myself**

To complement our conversation about self-expression, it is necessary to know that there are a number of steps :that can help a person start self-expression, as follows

Write a true and factual story about yourself: In the beginning, you can tell a small part about yourself by listing a situation you went through that changed the course of your life or changed the way you think about  
.things

Choose a specific topic and talk about it: Defining the topic makes it easier to explain its details, and helps your reader or listener to focus without being distracted  
.by multiple topics that have come up in your life

Select a specific period: Determine a specific period in your life and talk about it, as this will help you determine  
.the words that you can use to express this period

Decide what you want: You can look at your life and yourself from the inside and begin to recognize your dreams and goals and ask yourself if I can get where I .want one day

Use simple expression: Writing and self-expression in a simple way helps to easily communicate what you want to others, so be sure to use the simple narration method .away from complexity

### **A self-expression form is ready**

My name is Noah, I am 15 years old, I live with my family in Dubai, but I lived in my governorate in Cairo for two years until my father decided to move us to Dubai, where my father got a new job in Abu Dhabi which made us all move to Dubai, I am the only son For my family, my father is a pilot and my mother is a university .professor

I am interested in studying technology and inventions, when I was six years old my father and mother decided to buy me a computer and I was very happy to have this .device

At first I used it to enjoy the different games on it, but then my mother directed me to learn many useful things on the computer, and at a young age I was able, thanks to my mother, to learn programming and now I have my own website and through it I have implemented a lot of .programs

I aspire to be a scientist of modern technology and to obtain a scholarship in China, so I am trying from now on to learn the Chinese language through the lessons that my mother teaches me, as she is well versed in the Chinese language, and she and my father promised me to provide a specialized Chinese engineer in the computer field in order to help me

In addition, I am also very advanced in learning English, and I can read a lot of different books about English world literature. I am also passionate about this kind of literature, and I love watching science fiction movies. In this field, and in general, I am convinced that learning multiple languages opens many other doors for people .that help them learn new things

### **Conclusion Express myself ready**

Talking about a ready-made self-expression requires simplicity in expression in order to communicate the idea that the person wants to highlight in himself smoothly, with the need to focus on a specific topic to talk about in .order to write a self-expression clearly

With this, we have finished presenting a distinctive set of words that help in writing a ready-made self-expression while identifying the most important steps through which .one can begin to express oneself